## PGS Menu 3 allergen report

Please ask a member of the catering staff if in any doubt

| food | peanuts | Tree nuts | milk | soya | mustard | Iupin | eggs | fish | shellfish | molluscs | gluten | sesame | celery | Sulphur dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| All day breakfast |  |  |  |  |  |  |  |  |  |  | X |  |  |  |
| omelette |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Paella |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato and basil pasta |  |  |  |  |  |  |  |  |  |  | X |  |  |  |
| Roast beef |  |  |  |  |  |  |  |  |  |  | X |  |  |  |
| Vegetable fricassee |  |  |  |  | X |  |  |  |  |  |  |  |  |  |
| Sausage casserole |  |  | X | X |  |  |  |  |  |  | X |  |  |  |
| Vegetable lasagne |  |  | X |  |  |  |  |  |  |  | X |  |  |  |
| Garlic bread |  |  | X |  |  |  |  |  |  |  | X |  |  |  |
| Fish pie |  |  | X |  |  |  |  | X |  |  | X |  |  |  |
| Mushroom stroganoff |  |  | X |  |  |  |  |  |  |  |  |  |  |  |

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